

The CNSA Career and Leadership Initiative

Jesse Woodward

Director of Career and Leadership Development



WINN-NTF 2010

Outline

- What is the CNSA?
- Director of Career and Leadership Development
- CNSA and NTF Partnership
- Career and Leadership Workshops
 - Career Development
 - Nursing Leadership Boot Camp
 - NTF Preconference
- What does the future hold?
- Questions



The Canadian Nursing Students' Association

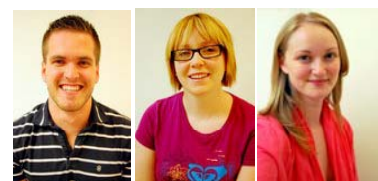
- Established in 1971 as CUNSA
- Became CNSA in 1991
- The official voice of Canadian nursing students
- Not for profit
- Over 25,000 members from coast to coast to coast
- Memberships
 - Canadian Nurses Association
 - Canadian Federation of Nurses Unions
 - Canadian Association of Schools of Nursing

CNSA Objectives

1. Provide a communication link among nursing students across Canada, recognizing the specific language needs of our bilingual country.
2. Act as the official voice of nursing students.
3. Provide a medium through which members can express their opinions on nursing issues.
4. Encourage participation in professional and liberal education.
5. Provide a liaison with other organizations concerned with nursing.
6. Increase the awareness of both the existence of and the need for nursing research



CNSA Board of Directors



Branden Shepitka
President

Robyn Power
Vice-President

Cynthia Jones
Director of Comm.

Executive Committee

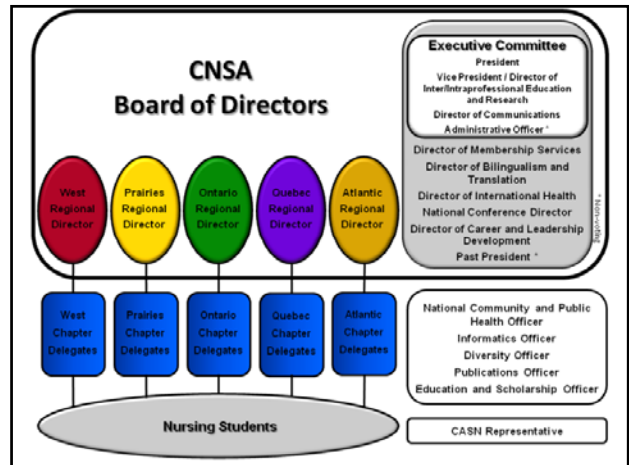
CNSA Board of Directors



Matthew Smith National Conference Director	Queenie Lee Western Regional Director
Jesse Woodward Director of Career and Leadership Development	Supriya Nishtala Prairie Regional Director
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CNSA Officers

Mary Strain Diversity Officer
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CNSA Regional Executive



- West**
 - British Columbia
 - Alberta
 - Yukon
 - Northwest Territories
- Prairie**
 - Saskatchewan
 - Manitoba
- Ontario**
- Quebec**
- Atlantic**
 - Nunavut
 - Newfoundland and Labrador
 - Prince Edward Island
 - Nova Scotia
 - New Brunswick



CNSA Conferences

- Regional Conferences**
 - Held in October/November
 - Regional Business Meeting
- National Conference**
 - Held in January
 - Conference bid
 - National Assembly
 - Speakers
 - National Team
 - Workshops
 - Career Fair

Canadian Nursing Students' Association

DISCOVER THE OPPORTUNITIES, FIND YOUR PASSION

40th Annual National Conference

2011

January 26th – 29th in Hamilton, Ontario

To register online, please visit:
www.cnsa.ca/conferences/national





2011 CNSA National Conference

- National Conference Director**
 - Matthew Smith
- Hosting School**
 - McMaster University
- Keynote Speakers**
- Educational Exhibitor Booths**
 - Nursing Graduate Schools



CNSA Career and Leadership Development



Timeline	Milestone
2004	Dr. Judy Boychuck-Duchscher was awarded honorary CNSA membership for her contribution to nursing students.
2006	The possibility of developing a career and/or leadership position within the CNSA.
2007-2009	The National Officer of Career and Leadership Development position is created.
2010	The officer position becomes apart of the CNSA Board of Directors.



CNSA National Officer of Career and Leadership Development



Danielle Radchenko
2008/09



Jessica (Jessie) Vince
2009/10

2010 Director of Career and Leadership Development (DCLD)



- New position on the CNSA board of directors
- Issues pertaining to career and leadership will now be discussed at a board level
- Continuing the momentum



CNSA DCLD Duties

- Attend the WINN-NTF Conference
- Coordinate career development workshops at the CNSA Regional and National Conferences
- Coordinate the CNSA National Nursing Students' Week
 - First week of March
 - To celebrate the accomplishments of nursing students

CNSA and NTF Partnership



- Developed in 2008/09
 - Preconference
 - Quarterly newsletter
 - Conference sponsorship
- To re-evaluate at the CNSA 2011 National Conference
- Possibility of creating an ongoing professional partnership
- Address the needs of senior nursing students



Career and Leadership Workshops

- Career Development Workshop
 - Donner-Wheeler
- Nursing Boot Camp
 - Canadian Nurses Association (CNA)
- Preconference Workshop
 - Nursing the Future (NTF)
- National Nursing Students' Week
 - Canadian Nursing Students' Association

Career Development Workshop



- Donner-Wheeler
 - Janice Waddel
- Career planning advice
- Workbook
 - Goal planning
- Resumes
- Job Interviews
- To offer up to 4 workshops at the conference
 - 1-on1 career coaching

Nursing Leadership Boot Camp



- Judith Shamian
 - Canadian Nurses Association
- Generation gap
- How to become an effective leader
- Different avenues of leadership
- Open forum
 - Share stories

NTF Preconference Workshop



- New graduate transition
 - Stages of transition
 - Transition Shock
- New graduate advice
 - Peer support networks (Bridge clubs, discussion board)
 - Opportunity to share stories
 - Strategize ways to overcome challenges in first year of practice
- Discuss benefits of NTF membership upon graduation

"I think if I had been aware of the transition theory while I was in nursing school and before I had graduated, it would have been even more helpful for me because I would have been more prepared for what I was about to go through and probably would have coped better."

-Lindsey White RN

National Nursing Students' Week (NNSW)



- Fluctuating time frame
- Envisioned to be a week where each chapter member has a local celebration
- A \$5000 budget for this event
 - Awards
- Buy-a-net for Malaria
- Other initiatives
 - Write for hope campaign
- Continues to be a work in progress

What does the future hold?



- Barriers
 - Student Volunteers
 - Annual turnover
 - Ineffective transitions
 - Long distance
- Continue to move forward
- Seek new opportunities pertaining to career and leadership development
- We desperately want to finish!

Thank you for your attention 😊

Any questions?

Jesse Woodward

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